

## **AUGUST 2016      LAC SENIOR LUNCH MENU**

<b>MON</b>	<b>1</b>	<b>COUNTRY FRIED STEAK - MASHED POTATOES</b>
<b>TUES</b>	<b>2</b>	<b>SPAGHETTI - SALAD - GARLIC BREAD - JELL-O</b>
<b>WED</b>	<b>3</b>	<b>COD NUGGETS - BAKED POTATOES - STEWED TOMATOES</b>
<b>THUR</b>	<b>4</b>	<b>VEGETABLE BEEF SOUP - GRILLED CHEESE SANDWICH</b>
<b>FRI</b>	<b>5</b>	<b>SUBS - CHIPS - COOKIE</b>
<b>MON</b>	<b>8</b>	<b>CHICKEN SALAD ON WHEAT - LETTUCE &amp; TOMATO - CHIPS - 3 BEAN SALAD</b>
<b>TUES</b>	<b>9</b>	<b>MEATLOAF - MASHED POTATOES - CORN</b>
<b>WED</b>	<b>10</b>	<b>HOT DOG &amp; SAUERKRAUT - BAKED BEANS - ICE CREAM SANDWICH</b>
<b>THUR</b>	<b>11</b>	<b>ROAST TURKEY - MASHED POTATOES - LIMA BEANS</b>
<b>FRI</b>	<b>12</b>	<b>BIG MAC BURGER - ONION RINGS - COOKIE</b>
<b>MON</b>	<b>15</b>	<b>CHICKEN FILET - MASHED POTATOES - GREEN BEANS</b>
<b>TUES</b>	<b>16</b>	<b>PULLED PORK ON SNOW FLAKE ROLL - COLESLAW - POTATO CHIPS</b>
<b>WED</b>	<b>17</b>	<b>BAKED COD - MACARONI &amp; CHEESE STEWED TOMATOES</b>
<b>THUR</b>	<b>18</b>	<b>VEAL - MASHED POTATOES - PEAS &amp; CARROTS</b>
<b>FRI</b>	<b>19</b>	<b>GRILLED CHEESE WITH BACON &amp; TOMATO - FRENCH FRIES - COOKIE</b>
<b>MON</b>	<b>22</b>	<b>ROAST CHICKEN BREAST - MASHED POTATOES - BRUSSEL SPROUTS</b>
<b>TUES</b>	<b>23</b>	<b>MEATBALL SANDWICH - POTATO CHIPS - SALAD</b>
<b>WED</b>	<b>24</b>	<b>HAM &amp; CHEESE ON CROISSANT - PASTA SALAD - APPLESAUCE</b>
<b>THUR</b>	<b>25</b>	<b>TOMATO GRAVY - MASHED POTATOES - PEAS &amp; CARROTS</b>
<b>FRI</b>	<b>26</b>	<b>ROAST BEEF ON STEAK ROLL - FRIED ONIONS &amp; CHEESE - CHIPS - SALAD</b>
<b>MON</b>	<b>29</b>	<b>SWEET SOUR CHICKEN - WHITE RICE - BROCCOLI</b>
<b>TUES</b>	<b>30</b>	<b>HAM &amp; GREEN BEANS - BOILED POTATOES</b>
<b>WED</b>	<b>31</b>	<b>CRAB CAKE PLATTER - FRENCH FRIES &amp; COLESLAW - SALAD</b>

**LUNCH IS \$4.00 EACH      ADDITIONAL LUNCHES ARE \$ 8.00**  
**CALL 935-8122      BY 10:00 AM FOR TAKE OUTS**

**Home Delivery will only be accommodated if there is no one  
in the household that can pickup the take-outs.**